

**Program Fractures of the Upper Limb – From the Fingertip to the Shoulder**

**Wednesday – March 20, 2019**

7:30 – 7:50	Registration	
7:50 – 8:00	Welcome	
8:00 – 10:00	Session I – Hand and Wrist (120 min)	
8:00 – 8:10	Fracture simulator – a story from Cologne	
8:10 – 8:20	Palmar plating - where is the limit?	R. Arora
8:20 – 8:30	Barton fracture - easy to handle?	R. Kebrle
8:30 – 8:40	My best tip for short fractures	N. Schep
8:40 – 10:00	Case discussion	
10:00 – 10:30	<b>Coffee Break</b>	
10:30 – 13:00	Hand and Wrist Fractures – Practical Part I (150 min)	
10:30 – 12:00	Case 1: All groups receive a pre-fractured specimen and elaborate the case	
	All	
12:00 – 13:00	Presentation and Discussion Case 1 Groups	
13:00 – 14:00	<b>Lunch</b>	
14:00 – 16:30	Hand and Wrist Fractures – Practical Part II (150 min)	
14:00 – 15:30	Case 2: All groups receive a pre-fractured specimen and elaborate the case	
	All	
15:30 – 16:30	Presentation and Discussion Case 2 Groups	
16:30 – 17:00	Summary and adjourn	

**Thursday – March 21, 2019**

7:55 – 8:00	Welcome	
8:00 – 10:00	Session I – Elbow (120 min)	
8:00 – 8:15	Ligamentous re-fixation	R. Arora
8:15 – 8:40	Case discussion	R. Arora
8:40 – 8:55	Distal humerus fractures	M. Hackl
8:55 – 9:20	Case discussion	M. Hackl
9:20 – 9:35	Proximal forearm fractures	L. P. Müller
9:35 – 9:50	Case discussion	L. P. Müller
9:50 – 10:00	Interdisciplinary Impulse – Studies and realities	
10:00 – 10:30	<b>Coffee Break</b>	
10:30 – 13:00	Elbow Fractures – Practical Part I (150 min)	
10:30 – 12:00	Case 1: All groups receive a pre-fractured specimen and elaborate the case	
	All	
12:00 – 13:00	Presentation and Discussion Case 1 Groups	
13:00 – 14:00	<b>Lunch</b>	
14:00 – 16:30	Elbow Fractures – Practical Part II (150 min)	
14:00 – 15:30	Case 2: All groups receive a pre-fractured specimen and elaborate the case	
	All	
15:30 – 16:30	Presentation and Discussion Case 2 Groups	
16:30 – 17:00	Summary and adjourn	

**Friday – March 22, 2019**

7:55 – 8:00	Welcome	
8:00 – 10:00	Session I – Shoulder (120 min)	
8:00 – 8:10	Expert hints for an appropriate surgical indication in patients 65+	L. P. Müller
8:10 – 8:30	Case discussion	L. P. Müller
8:30 – 8:40	When does it make sense to use thenail, when the plate?	M. Wasseem
8:40 – 9:00	Case discussion	M. Wasseem
9:00 – 9:10	How do I reach best stability using a plate?	C. Kirchhoff
9:10 – 9:30	Case discussion	C. Kirchhoff
9:30 – 9:40	My advices for post-treatment	A. van Tongel
9:40 – 10:00	Case discussion	A. van Tongel
10:00 – 10:30	<b>Coffee Break</b>	
10:30 – 13:00	Shoulder Fractures – Practical Part I (150 min)	
10:30 – 12:00	Case 1: All groups receive a pre-fractured specimen and elaborate the case	
	All	
12:00 – 13:00	Presentation and Discussion Case 1 Groups	
13:00 – 14:00	<b>Lunch</b>	
14:00 – 16:30	Shoulder Fractures – Practical Part II (150 min)	
14:00 – 15:30	Case 2: All groups receive a pre-fractured specimen and elaborate the case	
	All	
15:30 – 16:30	Presentation and Discussion Case 2 Groups	
16:30 – 17:00	Summary and adjourn	